

## **Camp Facts**

**Camp Site: Oak Hill Academy – 2635 Oak Hill Rd.  
Mouth of Wilson, Va 24363  
Telephone: (276) 579 – 3224 or 2619  
Fax: (276) 579-2618**

**Make Checks Payable to: Oak Hill Academy – Girls Camp  
Cost: \$245 (overnight)  
\$170 (Day Camper)  
\$100 Deposit must accompany each registration form  
(if full balance is paid by June 1, there is a \$20 discount -\$225)**

**Camp Dates: July 5-9, 2009**

**Camp will begin with registration at Turner Gym on Sunday, July 5 from 3:30-5:00 pm. Dinner for all campers will be at 5:00. The first session starts at 6:00 pm. Lunch will served for campers following the last session on Thursday at noon.**

### **Facilities:**

- **Turner Gymnasium**
- **3 Full-Court outdoor courts on campus**
- **Oak Hill cafeteria for all meals**
- **comfortable dorm rooms (2-4 campers per room)**
- **camp t-shirt and ball included for all campers**
- **camp awards**

### **Things to bring:**

- **personal toiletries**
- **swimming suits**
- **basketball clothes – Bring Extra Socks!**
- **Bedding: pillows, Towels, Sheets**
- **Fan for the room is suggested**

### **Camp Philosophy**

Each camper will receive individual instruction in a group setting during drills stressing the fundamentals of ballhandling, shooting, passing and both individual and team defense. These principles will be put into game situations through 5X5 team camp games daily. These teams will be coached by camp staff and teamwork fundamentals will be emphasized. Campers will compete in skill contests throughout the week. In addition, special guest lectures will cover broad topics. Past lecturers have included former and current division 1 players and college coaches.

**DETACH AND MAIL ALONG WITH DEPOSIT**

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**REGISTRATION FORM: OAK HILL LADY WARRIORS SKILLS CAMP**

Camper's Name \_\_\_\_\_ Parent \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Email address \_\_\_\_\_

Age \_\_\_\_\_ Height \_\_\_\_\_ Preferred Roommate \_\_\_\_\_

\_\_\_ Day camper \_\_\_ overnight camper Home phone \_\_\_\_\_

T-shirt size (Adult) \_\_\_xl \_\_\_l \_\_\_m \_\_\_s \_\_\_xs

I hereby release and waive the right to hold liable all sponsoring agencies, individuals, and Oak Hill Academy from any claim for injury or damages which may occur from participating in the Oak Hill Lady Warriors Skills Camp. I certify that my child is in proper physical condition to participate in this camp.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Emergency Contact Number \_\_\_\_\_